



ENDO-CONNECT 2026

Clinical Outreach on Newer Narratives
in Endocrine Care and Therapeutics

Annual National Conference of
**EDUCATION IN ENDOCRINOLOGY, DIABETES
& OBESITY SOCIETY (ENDOS)**

Theme: Case Files in Endocrinology :
From Clinic to Clarity

 23rd & 24th May 2026

 Andaz Aerocity, Delhi



ORGANIZING COMMITTEE



Dr. Deep Dutta
President



Dr. Vineet Kumar Surana
Secretary



Dr. Atul Dhingra
Treasurer



Dr. Rajiv Singla
Executive Committee



Dr. Saptarshi Bhattacharya
Executive Committee

PLENARY SESSION SPEAKERS



Dr. C S Yajnik



Dr. V Mohan



Dr. Anil Bhansali



Dr. Shashank Joshi



Dr. Ambrish Mithal

KEYNOTE SPEAKERS



Dr. Kaushik Pandit



Dr. SV Madhu



Dr. Rajesh Khadgawat



Dr. KVS Harikumar

SCIENTIFIC PROGRAM

Day 1 | 23rd May 2026 | Saturday

MEETING ROOM

Time	Topic	Moderators
9.00 - 10.00 am	Consensus meeting 1: CGMS use in pregnancy	Deep Dutta / Atul Dhingra / Vineet Surana
10.00 - 11.00 am	Consensus meeting 2: Management of male sexual dysfunction in diabetes	Saptarshi Bhattacharya / Rajiv Singla / Arun Kumar Pande

HALL - C

Time	Topic	Speakers
9.00 - 10.00 am	Registration	
	Workshop	
9.30 am - 1.00 pm	Hands-on Obesity Care Session coordinators: Akhila Bhandarkar, Monika Goyal	
9.30 - 9.45 am	Introduction	Rajiv Singla
9.45 - 10.25 am	Measuring obesity Chairpersons: Rahul Parashar, Vivek Singh, Paras Jain	
9.45 - 10.00 am	Interpretation of body composition by DXA (Understanding fat mass, lean mass, visceral fat, and sarcopenia) (15)	Khusboo Agarwal
10.00 - 10.15 am	Interpretation of body composition by BIA (More accessible but is it reliable?) (15)	Sunil Kota
10.15 - 10.25 am	Q & A (10)	
10.25 - 11.20 am	Advanced obesity assessment Chairpersons: Amitesh Agarwal, SS Gett	
10.25 - 10.40 am	CGM-guided dietary choices (Can CGM reveal broader metabolic signals beyond diabetes management?) (15)	Charmi Gandhi
10.40 - 10.55 am	Transcriptomics, proteomics and metabolomics in obesity (Will molecular profiling guide precision diagnosis in near future?) (15)	Ashutosh Arya

SCIENTIFIC PROGRAM

Day 1 | 23rd May 2026 | Saturday

Time	Topic	Speakers
10.55 - 11.10 am	Role of genetic testing in diabetes and obesity (Monogenic causes are rare, but will genetic testing demystify polygenic disorders?) (15)	Arun Kumar Pande
11.10 - 11.20 am	Q & A (10)	
11.20 - 11.30 am	Tea / Coffee Break	
11.30 am - 12.10 pm	Obesity management in special situations Chairpersons: Y C Podwal, P K Gupta, Ramesh Jain	
11.30 - 11.45 am	Perioperative care in obesity (Often ignored but requires precision management) (15)	Nishant Raizada
11.45 am - 12.00 pm	Obesity in the ICU: Practical considerations (Metabolic and ventilatory challenges with obesity in critical care) (15)	Viny Kantroo
12.00 - 12.10 pm	Q & A (10)	
12.10 - 12.50 pm	Overlooked sequelae of obesity Chairpersons: Rakesh Pandit, V R Sood, Mahaveer Jakhar	
12.10 - 12.25 pm	Obesity and cancer: Gaps and opportunities (Obesity increases cancer risk, yet screening often lags behind) (15)	Beatrice Anne
12.25 - 12.40 pm	Neurological complications of obesity (From therapeutic target to unsuspected victim) (15)	Sweta Singla
12.40 - 12.50 pm	Q & A (10)	
1.00 - 2.00 pm	Lunch	

SCIENTIFIC PROGRAM

Day 1 | 23rd May 2026 | Saturday

HALL - D

Time	Topic	Speakers
10.00 am - 1.00 pm	Nutrition symposium: Dietary controversies in metabolic health Session coordinator: Subhankar Chatterjee	
10.00 - 10.40 am	Common errors in nutrition Chairpersons: Anjani Bakshi, Silky Pandey, Aishwarya Gupta	
10.00 - 10.15 am	Protein restriction in CKD: Striking the right balance (Is further restriction appropriate when baseline protein consumption is inadequate?) (15)	Monika Goyal
10.15 - 10.30 am	Diet and uric acid: Common misconceptions (Do we really need to stop milk products and pulses?) (15)	Aishwarya Krishnamurthy
10.30 - 10.40 am	Q & A (10)	
10.40 - 11.25 am	Trending diets Chairpersons: Aishwarya Gupta, Rupali Malik, Abid Rasool	
10.40 - 10.55 am	How helpful are millets? (A new dietary trend, but how much difference do they really make?) (15)	Sowrabha Bhat
10.55 - 11.10 am	Gluten restriction in absence of celiac disease: Science or trend (Gluten and gliadin: Real biological effects or exaggerated concerns?) (15)	Anima Sharma
11.10 - 11.20 am	Q & A (10)	
11.20 - 11.35 am	Tea / Coffee Break	
11.35 am - 12.20 pm	Understanding food labels and supplements Chairpersons: Nishant Jindal, Aman Thathai	
11.35 - 11.50 am	How safe are natural sugars in packaged foods (Added sugar zero, but natural sugar 30%: Do we need to be careful?) (15)	Ravindranath Reddy Saurav Das

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Day 1 | 23rd May 2026 | Saturday

Time	Topic	Speakers
11.50 am - 12.05 pm	Vitamin and mineral supplements: Not all is well (When an apparently harmless supplement carries unintended health risks) (15)	Akhila Bhandarkar
12.05 - 12.20 pm	Q & A (15)	
12.20 - 1.00 pm	Understanding lipid nutrition Chairpersons: Bheem Goyal, Amritpal Singh, Sujoy Neogi	
12.20 - 12.35 pm	Choosing the right cooking oil (Beyond marketing claims to real metabolic and cardiovascular benefits) (15)	Ganesh HK
12.35 - 12.50 pm	Practical advice on cholesterol intake (How much cholesterol intake is safe? How to make sense of the guidelines?) (15)	Rini Yadav Torsha Chatterjee
12.50 - 1.00 pm	Q & A (10)	
1.00 - 2.00 pm	Lunch	

HALL - A

Time	Topic	Speakers
2.00 - 2.50 pm	Dazzling duologues Session coordinator: Anima Sharma	
	Chairpersons: Vineet Jain, Bimal Kumar, Ganesh HK, Piyush Jain	
2.00 - 2.25 pm	Bone health in diabetes: What has changed? (The T-score cut-off has been lowered in diabetes, but are we doing enough?) (20+5)	Lakshmi Nagendra Sunetra Mondal
2.25 - 2.50 pm	Lean diabetes: Beyond obesity-centric care (In the era of GLP-1 therapy, are we neglecting lean diabetes?) (20+5)	Subhodip Pramanik Subhankar Chatterjee

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Day 1 | 23rd May 2026 | Saturday

Time	Topic	Speakers
2.50 - 4.10 pm	Gray zones in endocrinology Session coordinator: Anima Sharma	
	Chairpersons: Neeraj Nischal, B K Singh, Bheem Goyal, S K Mathur, Aparna Agarwal	
2.50 - 3.10 pm	Double diabetes: When type 1 meets type 2 (Obesity and insulin resistance in type 1 diabetes: How safe is it to add non-insulin based therapy?) (15+5)	Nitin Kapoor
3.10 - 3.30 pm	Long-term anti-thyroid drug use: Evidence and practice (Balancing remission, safety, patient preference, and evolving evidence in Graves' disease) (15+5)	Aditi Chopra
3.30 - 3.50 pm	Endocrine consequences of proton-pump inhibitors (Almost every third person is on a PPI: How safe are they?) (15+5)	Soumik Goswami
3.50 - 4.10 pm	Clearing the air around inhaled insulin (Probably the fastest prandial Insulin yet, but can physiology translate Into long-term practice? (15+5)	Parjeet Kaur
4.10 - 4.15 pm	Tea / Coffee Break	
4.15 - 5.05 pm	Expert exchange Session coordinator: Charmi Gandhi	
	Chairpersons: Amitabh Khanna, Puneet Khanna, Khusboo Agarwal, Rahul Sharma	
4.15 - 4.40 pm	Gender difference in metabolic disorders (Distinct risk profiles, disease trajectories, and clinical outcomes in men and women) (20+5)	Sweekruti Jena Shreya Sharma
4.40 - 5.05 pm	MASLD: From renaming to rethinking management (As new drug approvals emerge, clinical practice still struggles to align with evidence) (20+5)	Jayashree Swain Ipsita Mishra

SCIENTIFIC PROGRAM

Day 1 | 23rd May 2026 | Saturday

HALL - B

Time	Topic	Speakers
	Diabetes Evolution Session coordinator: Shinjan Patra	
1.40– 2.40 pm	Beyond hyperglycemia Chairpersons: A K Israni, Upendra Singh, Aman Thatthai, Ramesh Jain	
1.40-2.00 pm	Semaglutide: An Indian innovation journey (15+5)	Saptarshi Bhattacharya
2.00-2.20 pm	All beta blockers are not equal, perspective on a novel 3rd generation beta-blocker: Nebivolol (15+5)	Ashwani Mehta
2.20-2.40 pm	DPP4i+SGLT2i - Earning the rightful place in therapy for type 2 diabetes as a powerful first add-on (15+5)	Harmandeep K Wander
2.40-3.20 pm	Individualizing therapy Chairpersons: A K Jain, Rashmi Shreya, Vikas Alhuwalia, SS Gett	
2.40-3.00 pm	Semaglutide in Indian clinical practice: Indian evidences (15+5)	Manoj Chadha
3.00-3.20 pm	Obesity : A chronic disease (15+5)	Rajesh Rajput
3.20-4.00 pm	Peptide therapies: From early science to modern medicines Chairpersons: Vinod Kapoor, Saurav Das, Abid Rasool, Paras Jain	
3.20-3.40 pm	Engineering Longevity: Molecular innovations that transformed peptides from minutes to medicines (15+5)	Jayashree Swain
3.40-4.00 pm	Synthetic or recombinant - Does the origin of a peptide drug define its medicine (15+5)	Gagan Priya
4.00 – 4.15 pm	Tea / Coffee Break	
	Nextgen Diabetes Session coordinator: Rini Yadav	
4.15 – 4.55 pm	Semaglutide: Originator science a clinical Impact Chairpersons: Nitin Kaura, S K Poddar, Ravindranath Reddy, Anupam Prakash	
4.15 - 4.35 pm	Semaglutide vs dual hype: Innovator legacy makes all the difference (15+5)	Anil Bhansali

SCIENTIFIC PROGRAM

Day 1 | 23rd May 2026 | Saturday

Time	Topic	Speakers
4.35-4.55 pm	The r-DNA semaglutide advantage: Elevating patient care in the space of diabetes (15+5)	V Mohan
4.55- 5.40 pm	Dual agonism, multiple benefits Chairperson: Anil Bhansali	
4.55 -5.10 pm	Beyond GLP-1 RAs: Tirzepatide - A class of its own (15)	Saket Kant
5.10-5.25 pm	Decoding Tirzepatide's superior results vs semaglutide (15)	Anupam Biswas
5.25-5.40 pm	Panel Discussion (15)	Moderator: Anil Bhansali Panelists: Saket Kant, Anupam Biswas
5.40-6.15 pm	Translating evidence into care Chairpersons: Avtar Hansa, Manoj Sinha, Seema Shahi	
5.40-5.55 pm	Role of Gliclazide in evolving type 2 diabetes landscape (12+3)	Alka Bishnoi
5.55-6.15 pm	Rethinking type 2 diabetes intensification beyond basal alone: The GLIPULIN way with GLP-1RA Who. When. Why. (15+5)	Setu Gupta Aishwarya Krishnamurthy
6.15 – 6.20 pm	Tea / Coffee Break	
6.20 – 7.50 pm	Plenary – Hall A	

HALL - C

5.00 - 7.45 pm	Osteocrinology symposium Session coordinator: Torsha Chatterjee	
5.00 - 5.30 pm	Debate Chairpersons: Rajesh Soni, Rajeev Verma, Kapil Jain, Anurag Saxena	Moderator: Atul Dhingra
5.00 - 5.10 pm	Osteoporosis treatment should be FRAX-based (Should FRAX guide therapeutic decisions rather than BMD alone?) (10)	Preyander Thakur

SCIENTIFIC PROGRAM

Day 1 | 23rd May 2026 | Saturday

Time	Topic	Speakers
5.10 - 5.20 pm	Osteoporosis treatment should be DXA-based (Is BMD still the cornerstone of treatment decisions?) (10)	Shinjan Patra
5.20 - 5.30 pm	Rebuttals and summary (10)	Atul Dhingra
5.30 - 5.50 pm	Calcium supplementation: Clarifying common misconceptions (Understanding cardiovascular risk, skeletal benefits, and common misconceptions in clinical practice) (15+5)	Manoj Chadha
5.50 - 6.50 pm	Rapid evidence review of osteoporosis medications	
	Chairpersons: Himanshu Gupta, Rakesh Mittal, Apurv Mehra, Satya Narain Saroha	
5.50 - 6.00 pm	Bisphosphonates (Reassessing the long standing cornerstone of osteoporosis treatment in the era of newer therapies) (10)	Sweetey Agrawal
6.00 - 6.10 pm	Denosumab (Effective fracture prevention with emerging questions on duration and discontinuation) (10)	Anupam Biswas
6.10 - 6.20 pm	Teriparatide (Role of anabolic treatment in osteoporosis management) (10)	Tanvi Umashree
6.20 - 6.30 pm	Romosozumab (A new anabolic option with dual skeletal effects) (10)	Himanshu Sharma
6.30 - 6.40 pm	Combination vs sequential therapy (Evidence behind combination and sequential treatment strategies) (10)	Bhawna Attri
6.40 - 6.50 pm	Q & A (10)	
6.50 - 7.40 pm	Musculoskeletal and metabolic crosstalk	
	Chairpersons: Sukhvinder Singh, Vibhore Singhal, Saurabh Verma, Naresh Chandra	
6.50 - 7.15 pm	Case-based discussion: Musculoskeletal complications of diabetes (From Charcot's arthropathy to frozen shoulder) (20+5)	Manoj Kumar Ashok Kumar

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Day 1 | 23rd May 2026 | Saturday

Time	Topic	Speakers
7.15 - 7.35 pm	GLP-1 based therapy for osteoarthritis (Targeting weight, inflammation, and pain) (15+5)	Meha Sharma
7.35 - 7.45 pm	Open house Q & A (10)	All speakers
7.50 pm onwards	Musical program and Special Gala Dinner	

Day 2 | 24th May 2026 | Sunday

HALL - A

Time	Topic	Speakers
9.30 - 10.30 am	Endocrine challenges Session coordinator: Saurav Das	
	Chairpersons: Manindra Kumar, Naveen Kumar, Harpreet Singh, Sharad Srivastava	
9.30 - 9.50 am	BP – 160/106 despite four anti-hypertensives – Approach (Tips to manage resistant hypertension in diabetes) (15+5)	Vijay Bhaskar Reddy
9.50 - 10.10 am	Lipoprotein(a) 80 mg/dL – What does it signify? (How relevant is ACC/AHA 2026 guidelines to Indian practice) (15+5)	Anantharaman R
10.10 - 10.30 am	Worsening albuminuria despite ARB and SGLT2 inhibitor – Approach (Should we treat sequentially or have a multi-pronged approach) (15+5)	Kaushik Pandit

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Day 2 | 24th May 2026 | Sunday

Time	Topic	Speakers
10.30 - 11.30 am	Endocrine dilemmas Session coordinator: Saurav Das	
	Chairpersons: Paras Gangwal, Prayas Sethi, Munidra Kumar, Harsh	
10.30 - 10.50 am	TSH – 9.1 uIU/mL in a 73-year man with CAD and diabetes – should we start levothyroxine? (Treating subclinical hypothyroidism in elderly – is it more harm than benefit?) (15+5)	Sunil Mishra
10.50 - 11.10 am	Social media challenges in modern endocrine practice (From viral posts to verified science: Endocrinology myth busters for the social media age) (15+5)	Om Lakhani
11.10 - 11.30 am	Chronic SIADH with Na 126 mmol/L: Approach (Are long- term vaptans safe?) (15+5)	Rana Bhattacharjee
11.30 - 11.45 am	Tea / Coffee Break	
11.45 am - 12.45 pm	Endocrinology Beyond Boundaries Session coordinator: Vanishri Ganakumar	
	Chairpersons: Sanjay Mahajan, Amarpreet Singh Riar, Varun Arora	
11.45 am - 12.15 pm	Performance enhancement drugs: The hidden cost (From hypogonadism to avascular necrosis of femur – what can happen?) (25+5)	Shashank Joshi
12.15 - 12.45 pm	Vitamin D: Changing concepts, changing practice (Should we be shifting to daily dosing?) (25+5)	Ambrish Mithal



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Day 2 | 24th May 2026 | Sunday

Time	Topic	Speakers
12.45 - 1.15 pm	GDM Horizons Session coordinator: Vanishri Ganakumar	
	Chairpersons: Shilpa Ghosh, Leena N Sreedhar, Monica Malik	
12.45 - 1.15 pm	Mythology of GDM (Revisiting the science behind gestational diabetes) (25+5)	C S Yajnik
1.15 - 2.00 pm	Lunch	
2.00 - 5.10 pm	Reproductive endocrinology symposium Session coordinator: Nupoor Vaghasia	
2.00 - 3.00 pm	Precision talk – 12 minutes – 12 slides Chairpersons: Bharti Seth, Pakhee Aggarwal, Rupali Goyal	
2.00 - 2.15 pm	Actionable endocrine factors in recurrent pregnancy loss (Thyroid dysfunction, PCOS, and beyond) (12+3)	Shehla Shaikh
2.15 - 2.30 pm	Subclinical thyroid disorders in pregnancy (A closer look at subclinical hypothyroidism and thyrotoxicosis during pregnancy) (12+3)	Manasvini Bhatt
2.30 - 2.45 pm	AMH vs. ultrasound for diagnosis of PCOS (Understanding the specific role of AMH in diagnostic pathway of PCOS) (12+3)	Deep Dutta
2.45 - 3.00 pm	Clinical differences in progesterones: Do we need to worry (Androgenic and metabolic effects of medroxyprogesterone can be troublesome, should we shift to safer progesterones?) (12+3)	Kamlesh Ahuja
3.00 - 3.10 pm	Tea / Coffee Break	



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Day 2 | 24th May 2026 | Sunday

Time	Topic	Speakers
3.10 - 4.10 pm	Controversies in reproductive endocrinology	
	Chairpersons: Yashica Gudesar, Neena Selangia, Neeru Kiran Banerjee	
3.10 - 3.30 pm	Is post-menopausal HRT making a comeback? (Black box warning on HRT and cardiovascular disease, breast cancer, and dementia has been removed. Does it re-open the door?) (15+5)	Ambrish Mithal
3.30 - 3.50 pm	Personalizing treatment in GDM (Nutritional counselling, insulin, or metformin - which, when and why?) (15+5)	Gagan Priya
3.50 - 4.10 pm	Use of CGMS in pregnancy (Does CGMS use improve pregnancy outcome?) (15+5)	Yashdeep Gupta
4.10 - 5.10 pm	GLP-1-based therapies in women across life stages	
	Chairpersons: Madhu Ahuja, Ruchi Verma, Renu Mahindru	
4.10 - 4.30 pm	GLP-1 based therapy in pre-conception period: Case-based approach (How worrisome is the rebound effect of GLP-1 discontinuation before conception?) (15+5)	Usha Ayyagari
4.30 - 4.50 pm	GLP-1 based therapy in PCOS: Case-based approach (Does GLP-1 therapy regularize cycles and improve fertility?) (15+5)	SV Madhu
4.50 - 5.10 pm	GLP-1 based therapy in an adolescent girl with obesity (Is it safe to offer GLP-1 therapy for a 15 year girl with obesity?) (15+5)	Prem Kumar
5.10 - 5.20 pm	Tea / Coffee Break	



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Day 2 | 24th May 2026 | Sunday

HALL - B

Time	Topic	Speakers
9.30 - 11.30 am	Obesity symposium Session coordinator: Ravindranath Reddy	
9.30 - 10.10 am	Obesity basics Chairpersons: Amit Tyagi, Vineeta Tandon, A K Bali, Sarthak Aeron	
9.30 - 9.50 am	Obesity risk stratification (BMI, body composition, or Edmonton staging, or ...?) (15+5)	Sanjay Saran
9.50 - 10.10 am	Metabolically healthy obesity: Myth or reality (When do we breach the threshold between healthy and unhealthy fat?) (15+5)	Sachin Chittawar
10.10 - 10.50 am	Contested issues in obesity drug therapy Chairpersons: R N Prasad, Ayushi Singhal, Nidhi Malhotra, Ashish Khattar	
10.10 - 10.30 am	GLP-1 based therapy in CKD and CLD (GLP-1 therapy has reno-protective and hepato-protective effects – but till which stage can we use?) (15+5)	Sri Nagesh
10.30 - 10.50 am	An honest scrutiny of adverse effects of GLP-1 based therapy (Dissecting the common and rare adverse effects of GLP-1 drugs) (15+5)	Pankaj Agarwal
10.50 - 11.30 am	Obesity treatment: Where Do We Go Next? Chairpersons: K S Chadha, Ghanshyam Pangtey, Amit Ranjan Sultania, Y C Porwal	
10.50 - 11.10 am	Preserving muscle mass: Evidence-based approach (How can we prevent sarcopenia – from lifestyle to experimental drugs) (15+5)	Nupoor Vaghasia

SCIENTIFIC PROGRAM

Day 2 | 24th May 2026 | Sunday

HALL - B

Time	Topic	Speakers
11:10 - 11:30 am	Multi-receptor targeting for weight loss: Bane or boon (Dual or triple agonists are more effective for weight loss – but do they open the Pandora's box) (15+5)	J J Mukherjee
11:30 - 11:45 am	Tea / Coffee Break	
11:45 am - 1:15 pm	Plenary session – Hall A	
1:15 - 2:00 pm	Lunch	
2:00 - 4:30 pm	Point-counterpoint in endocrinology Session coordinator: Tanvi Umashree	
2:00 - 2:30 pm	Calcium supplementation in renal stone disease Chairpersons: M K Mudgal, Ram Babu, Princi Jain	
2:00 - 2:10 pm	Calcium should be avoided in renal stone disease (Renal handling of calcium in stone-formers is altered, tablets should hence be avoided) (10)	Vanishri Ganakumar
2:10 - 2:20 pm	Calcium can be supplemented in renal stone disease (The RDA of calcium should be met, if necessary through tablets) (10)	Swayamsidha Mangaraj
2:20 - 2:30 pm	Expert summary (10)	Abhay Sahoo
2:30 - 3:00 pm	Safety of artificial sweeteners Chairpersons: Meenakshi Jain, A S Ghai, Rajeev Bansal, Pankaj Nand Choudhry	
2:30 - 2:40 pm	Artificial sweeteners are safe (They do not cause glucose spikes, have no calories and availability of newer plant-based options have changed the equation) (10)	Setu Gupta
2:40 - 2:50 pm	Artificial sweeteners are unsafe (They alter gut microbiota, are not weight neutral, and may have adverse effects) (10)	Radhika Jindal

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Day 2 | 24th May 2026 | Sunday

HALL - B

Time	Topic	Speakers
2.50 - 3.00 pm	Expert summary (10)	D C Sharma
3.00 - 3.15 pm	Tea / Coffee Break	
3.15 - 3.45 pm	Statin use in Indians: Lower thresholds or global standards?	
	Chairpersons: Naresh Chawla, Navin Atal, Avinash Mani	
3.15 - 3.25 pm	Indians should have lower threshold for statins (We are more predisposed to CVD - hence should have lower threshold for starting) (10)	Rajan Palui
3.25 - 3.35 pm	Indians should receive statins as per global standards (Is there enough evidence to start statins at lower LDL values for Indians?) (10)	Saurav Shishir Agrawal
3.35 - 3.45 pm	Expert summary (10)	Kunal Mahajan
3.45 - 4.15 pm	Treatment vs observation of andropause	
	Chairpersons: Ajay Yadav, Madhu Gupta, Neeti Jain	
3.45 - 3.55 pm	Andropause should be treated (It is CV safe and may have several benefits) (10)	Hridish Chakraborty
3.55 - 4.05 pm	Andropause should be observed (The adverse effects are not worth the risk) (10)	Khalid Farooqui
4.05 - 4.15 pm	Expert summary (10)	Anshu Alok
4.15 - 4.30 pm	Valedictory function	
4.30 - 5.00 pm	Tea / Coffee Break	

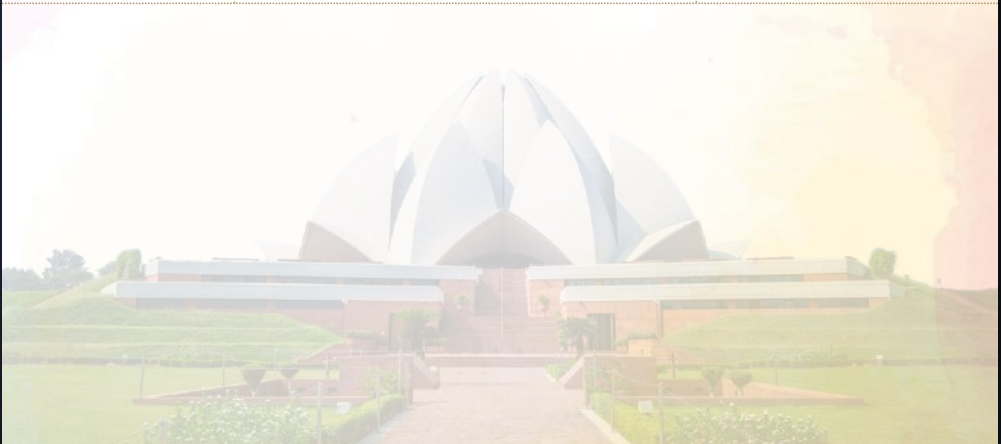


SCIENTIFIC PROGRAM

Day 2 | 24th May 2026 | Sunday

HALL - C

Time	Topic	Speakers
8.30 - 10.00 am	Oral paper presentation Judges: AK Ajmani, Dheeraj Kapoor, RK Prasad, Purnima Agarwal	
10.00 am - 12.00 Noon	Poster presentation Judges: Gagan Priya, Anantharaman R, Vijay Bhaskar Reddy, Kanwar Singh Goel, Saurav Sishir Agrawal, Radhika Jindal	
1.00 - 2.00 pm	Lunch	
2.00 - 4.30 pm	Pediatric endocrinology exam simulator Course Moderator: Rajesh Khadgawat Chairpersons: Rajeev Sinha, Ankita Goel Sharma, Tarique Ekram	
2.00 - 2.30 pm	Case of ambiguous genitalia	Rajesh Khadgawat
2.30 - 3.00 pm	Case of short stature	KVS Harikumar
3.00 - 3.15 pm	Tea / Coffee Break Chairpersons: Mukesh Verma, Surender Selangia	
3.15 - 3.45 pm	Case of precocious puberty	Anshita Aggarwal
3.45 - 4.15 pm	Case of rickets	Alpesh Goyal
4.15 - 4.30 pm	Spotters	Rajesh Khadgawat



SCIENTIFIC PROGRAM

Day 2 | 24th May 2026 | Sunday

HALL - C

Oral Paper Presentation

Hall C | 8.30 am - 10.00 am | Day 2 | 24th May 2026, Sunday

S. No.	Topic	Name of Presenter	Department & Institute
OP 01	A Study On Clinical, Biochemical And Corresponding Genetic Spectrum Of Distal Renal Tubular Acidosis	Dr. Anustup Mukherjee	Dept of Endocrinology, Medical College Kolkata
OP 02	Salvage Criteria for Adrenal Vein Sampling in Primary Aldosteronism: Optimized Left Adrenal Vein to Inferior Vena Cava Ratio Cutoffs for Stimulated and Unstimulated Protocols	Dr. Sanjoli Aggarwal	Department of Endocrinology, Metabolism & Diabetes, AIIMS, New Delhi
OP 03	Effect of Short-Course Oral Dexamethasone on Acute Phase Response Following Intravenous Zoledronate Infusion: A Prospective Randomized Controlled	Dr. Alpesh Goyal	Department of Endocrinology, AIIMS, Bhopal
OP 04	Optimizing the Saline Infusion Test: A Two-Hour Protocol for Confirming Primary Aldosteronism	Dr. Emil George	Department of Endocrinology, Metabolism & Diabetes, AIIMS, New Delhi
OP 05	Prevalence of Sarcopenic Obesity and Sarcopenia in Older Adults at a Tertiary Care in North India	Dr. Khushboo Agarwal	Department of Endocrinology, GSVM Medical College, Kanpur
OP 06	Growth Outcomes and Safety of Recombinant Growth Hormone in Noonan Syndrome: an updated Systematic Review and Meta- analysis	Dr. Pooja Tiwari	Department of Endocrinology, Metabolism & Diabetes, AIIMS- CAPFIMS, New Delhi
OP 07	Relevance of Voglibose in Type 2 Diabetes Management in the Twenty-First Century: An Updated Systematic Review and Meta-Analysis	Dr. Sweekruti Jena	Department of Endocrinology, Care Hospital, Bhubaneswar, Odisha, India
OP 08	Which Bone Age Assessment Method Works Best for Indian Children? A Comparative Analysis of GP, GR, and Tw3 Methods	Dr. Shubham Verma	Department of Pediatrics, Lady Hardinge Medical College, New Delhi
OP 09	SMuRF-less acute coronary syndrome is not driven by elevated lipoprotein(a): insights from a consecutive first-event registry	Dr. Aryaman Mahajan	Govt Medical College and Rajindra Hospital, Patiala
OP 10	Dietary Patterns and Energy Intake in Overweight and Obese Indian Children aged 5-12 years: a comparative case control study	Dr Anjali Soni	Department of Pediatrics Lady Hardinge Medical College, New Delhi

SCIENTIFIC PROGRAM

Day 2 | 24th May 2026 | Sunday

HALL - C

Poster Presentation

Hall C | 10.00 am - 12.00 noon | Day 2 | 24th May 2026, Sunday

S. No.	Topic	Name of Presenter	Department & Institute
PP 01	Normal Weight, High Risk: Unmasking Hidden Metabolic Risk in Rural Adults Using Simple Community-Based Tools	Dr. Anjali Gupta	Department of Community Medicine at Pt. B. D. Sharma Post Graduate Institute of Medical Sciences, Rohtak
PP 02	Residual cardiovascular risk despite optimal triple lipid-lowering therapy after acute coronary syndrome: a multi-domain analysis	Dr. Aryaman Mahajan	Govt Medical College and Rajindra Hospital, Patiala
PP 03	Diabetic Striatopathy: A Rare Cause of Choreoathetoid Movements in a Patient with Severely Uncontrolled Hyperglycaemia.	Dr. Devashish Naliwal	Department of Medicine, Park Hospital, Panipat
PP 04	Primary Adrenal Tuberculosis Presenting as Addisonian Crisis: A Diagnostic Challenge in an Immunocompetent Patient	Dr. Pooja Ghuge	Department of Endocrinology VMMC and Safdarjung Hospital Delhi
PP 05	Spontaneous Remission of Cushing's Disease Following Silent Pituitary Apoplexy with Subsequent Recurrence	Dr. Rameshwari Chakole	Department of Endocrinology Indraprastha Apollo Hospital, New Delhi
PP 06	A Prospective Observational Study On Trimester-specific Thyroid Function Parameters Among Pregnant Women In A Tertiary Care Hospital Of Kolkata	Dr. Ranita Bhattacharya	Department of Endocrinology, Kolkata Medical College
PP 07	Efficacy of Pistacia lentiscus Plant (Rumi Mastagi) in Comparison to Levosulpiride in Patients with Diabetic Gastroparesis: A Double-Blind Non-Inferior Randomised Control Trial Study	Dr. Rohit Raina	Diabetes AIIMS, AP Medicine AIIMS, Bathinda
PP 08	Beyond Glycemia: Hepatic Steatosis and Fibrosis Risk in T2DM Using FIB-4 and Metabolic Signatures	Dr. Abhinav Garg	Department of General Medicine, Rohilkhand Medical College and Hospital, Bareilly
PP 09	Atypical Presentation of Bartter Syndrome as Recurrent Hyponatremic Seizures in an Adolescent Male: A Diagnostic Challenge	Dr Kashish Rabbi	Department of Paediatrics, Jawaharlal Nehru Medical College and Hospital (JNMCH), AMU, Aligarh



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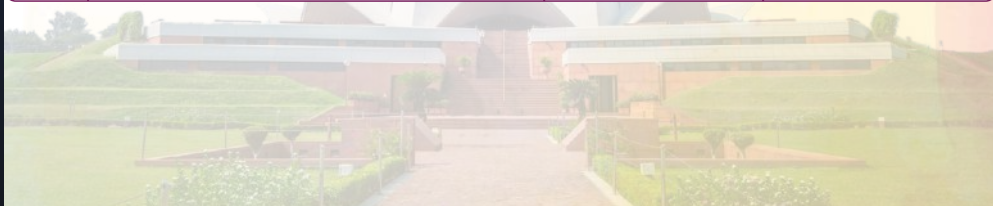
Day 2 | 24th May 2026 | Sunday

HALL - C

Poster Presentation

Hall C | 10.00 am - 12.00 noon | Day 2 | 24th May 2026, Sunday

S. No.	Topic	Name of Presenter	Department & Institute
PP 10	Beyond the stent: routine vascular ultrasound after PCI reveals polyvascular extreme risk without intensified LDL-cholesterol therapy	Dr. Aryaman Mahajan	Govt Medical College and Rajindra Hospital, Patiala
PP 11	A unique presentation of Isolated Pupil-Sparing Oculomotor Nerve Palsy with Periorbital Edema Mimicking Orbital Cellulitis in Poorly Controlled Diabetes Mellitus	Dr. Kumar Prashant	Department: Internal Medicine, Park Hospital, Panipat
PP 12	Hidden Behind Normal Sugars : Severe Metabolic Acidosis in a Young Male - SGLT2 Inhibitor Induced Euglycemic DKA Unmasking Type 1 Diabetes Mellitus	Dr. Niharika Arora	Internal Medicine Aakash Healthcare, Delhi
PP 13	A Diagnostic Dilemma in the Evaluation of Hypoglycaemia	Dr. Priya Sharma	Department of Endocrinology, ABVIMS and RML Hospital, Delhi
PP 14	IGF-2-Secreting Tumors Presenting as Recurrent Hypoglycemia: Case Series	Dr. Rupal Aggarwal	RML Hospital, Delhi
PP 15	Overlooked Origins: The Hidden Burden Of Pituitary Disorders	Dr. Garima Shant	Department Of Medicine, Pt. B. D. Sharma, PGIMS, Rohtak
PP 16	Hidden Sugar: The Sweet Culprit Behind Obesity and Consumer Unawareness	Dr. Silki Pandey	Clinic, Sector 4, Dwarka, Delhi
PP 17	Determinants of diabetic complications in young versus late onset type 2 diabetes mellitus and evaluation of insulin resistance indices	Dr. Isha Gupta	Department of Endocrinology LLRM Medical College, Meerut, Uttar Pradesh
PP 18	Presence of Acanthosis nigricans indicates nephropathy in people with type 2 diabetes	Dr. Koel Dutta	Centre of Excellence for Diabetes, Metabolic Diseases and Endocrinology, Delhi
PP 19	The Empty Throne: A Pituitary Ghost, A Surgical Injury, And The Unmasking Of Men1	Dr. Nayva Mehta	Amrita School of Medicine
PP 20	Alström Syndrome Presenting with Portal Hypertension: A Rare Multisystem Disorder	Dr. Safiya Mahfooz	Jawaharlal Lal Nehru Medical College, Aligarh



SCIENTIFIC PROGRAM

Day 2 | 24th May 2026 | Sunday

HALL - C

Poster Presentation

Hall C | 10.00 am - 12.00 noon | Day 2 | 24th May 2026, Sunday

S. No.	Topic	Name of Presenter	Department & Institute
PP 21	Comparative analysis of safoof-e-muhazzil and orlistat on obesity and markers of obesity	Dr. Shamama Usmani	Department of Ilaj-Bit Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh
PP 22	An Unusual Face of TAO: Dysthyroid Optic Neuropathy in Hypothyroid States	Dr. Isha Gupta	Department of Endocrinology LLRM Medical College, Meerut, Uttar Pradesh
PP 23	Study of Metabolically Dysfunctional-Associated Fatty Liver Disease (MAFLD) in Rheumatoid Arthritis	Dr. Mitali Srivastava	Department of Medicine, Lady Hardinge Medical College, Delhi
PP 24	A Handful of Clues: Decoding GLI2-Related Hypopituitarism	Dr. Santosha Mantha	Dept Of Endocrinology, Army Research & Referral Hosp, Delhi
PP 25	Hidden in Plain Sight: Prevalence of Undiagnosed PCOS Risk among Young Women in an Urban Community – A Cross-Sectional Study.	Dr. Seema Negi	Department of Community medicine PGIMS ROHTAK, Haryana
PP 26	Association of Chronotype Score with Circulating Myokines in Young Obese Males with Type 2 Diabetes Mellitus	Dr. Nirmal Kumar	UCMS and GTB Hospital, Delhi
PP 27	A Vanishing Act with a Twist: Lipodystrophy Unveiled by Nephrotic Syndrome and Pancytopenia	Dr. Somya Tathagat Behera	Department of Medicine, AIIMS, Delhi
PP 28	Implementation and Process Evaluation of the SMARThealth Pregnancy Trial: A Hybrid Type 2 Cluster Randomized Study	Dr. Neha Grewal	Department of Community Medicine PGIMS, Rohtak
PP 29	When Insulin Turns Against You: Recurrent Insulin Autoimmune Syndrome Triggered Sequentially by Exogenous Insulin and Alpha-Lipoic Acid	Dr. Somya Tathagat Behera	Department of Medicine, AIIMS Delhi
PP 30	Chronic Gastritis And Ppi Use Unmasking An Underlying Hypoparathyroidis	Dr. Pranjal Prason	Department of Medicine, RML Hospital, Delhi
PP 31	Clinical and Biochemical Outcomes of Adrenalectomy in Primary Aldosteronism: Reappraising the Role and Limitations of Adrenal Vein Sampling in Surgical Subtyping	Dr. Sanjoli Aggarwal	Dept. of Endocrinology, AIIMS, Delhi



SCIENTIFIC PROGRAM

Day 2 | 24th May 2026 | Sunday

HALL - C

Poster Presentation

Hall C | 10.00 am - 12.00 noon | Day 2 | 24th May 2026, Sunday

S. No.	Topic	Name of Presenter	Department & Institute
PP 32	Beyond Weight Loss: The Impact of Orofacial Myofunctional Therapy on Airway Stability and Metabolic Health in Obese Patients with Obstructive Sleep Apnea	Dr. Somya Tathagat Behera	Department of Medicine, AIIMS, Delhi
PP 33	The Irony Amongst Thyroid Disorders : A case of Allan Herndon Dudley Syndrome	Dr. Sanket Marwah	Army Research & Referral Hosp, Delhi
PP 34	Does 4-weekly Dose Escalation Matter? Weight Loss Outcomes with Tirzepatide in a Real-World Cohort	Dr. Nupoor Vaghasia	Dept of Endocrinology, Max Saket, Delhi
PP 35	Genotype-Phenotype Correlation and Clinical Spectrum in a Tertiary Care Cohort of 129 Patients	Dr. Sanjoli Aggarwal	Dept Of Endocrinology, AIIMS, Delhi
PP 36	A Rare Case of IgG4-Related Hypophysitis in a Young Female: Diagnostic Challenges and Clinical Insights	Dr. Somya Tathagat Behera	Department of Medicine, AIIMS, Delhi
PP 37	Hypocalcemic Seizures: A Rare Genetic Cause	Dr. Shubhi Gupta	Department of Internal Medicine, ABVIMS & RML Hospital, New Delhi
PP 38	Obscure to plain sight:Recurrent hypokalemic paralysis with hypertensive emergency secondary to primary hyperaldosteronism	Dr. Botlapati Naveen Kumar	Department of Internal Medicine, ABVIMS & RML Hospital, New Delhi
PP 39	Association of Hemoglobin with Metabolic and Hepatic Dysfunction in Obese Adults: A Prospective Observational Study	Dr. Somya Tathagat Behera	Department of Medicine, AIIMS, Delhi
PP 40	Secondary Extreme Hypertriglyceridemia: A Rare Metabolic Emergency in New-Onset T1DM	Dr. Shashank Shekhar	Department of Endocrinology LLRM medical college, Meerut
PP 41	Correlation of Insulin Resistance with Testosterone Levels in Diabetic and Non-Diabetic Obese Males	Dr. Sparsh Varshney	Dept. of Medicine, JNMC, AMU, Aligarh



REGISTRATION FEE

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Student	₹ 2500	₹ 4000	₹ 5000

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